



EVENT: Floor Exercise

Value	Element	Connection	Execution	Comments
(*)	Group	Bonus	Deduction	
<mark>B</mark>	2			
D	4	+0.1	0.1, 0.1, 0.1, 0.1	Bent ankle, Slight knee bend,
				Legs crossed, Small hop
Α	3			
<mark>D</mark>	3		0.3, 0.1	Lack of prep (chest down)
				Arm swing
<mark>D</mark>	4		0.1	Legs crossed
				3rd diagonal pass
В	4		0.1, 0.1	Lack of height, Small hop
C C	1			
A	1		0.1	Lack of toe point
C	4			
C	4		0.1, 0.1	Slight knee bend, Small hop
B	3	Stick Stick		No stick bonus (min. C value)
	(*) B D A D D B C A	(*) Group B 2 D 4 A 3 D 3 D 4 B 4 C 1 A 1 C 4 C 4	(*) Group Bonus B 2 D 4 +0.1 A 3 D 3 D 4 B 4 C 1 A 1 C 4 C 4 C 4	(*) Group Bonus Deduction B 2 D 4 +0.1 0.1, 0.1, 0.1, 0.1 A 3 0.3, 0.1 D 4 0.1 B 4 0.1, 0.1 C 1 0.1 C 4 0.1, 0.1 C 4 0.1, 0.1

G =	Difficulty = 2.5		
F =	EG 1 = 0.5		
E =	EG II = 0.3 (B value)	E1 = 1.4	
D = 3	EG III = 0.5 (C value or greater)		
C = 3	EG IV = 0.5 (C value or greater)		
B=2	Connection + Stick = 0.1		D Panel + E Panel = 12.10
A =	D Score = $4.4 - 0.9 = 3.5$		
Neutral Deductions	-0.3 (More than 2 diagonal passes)		
	-0.3 (No balance on one leg)		
	-0.3 (No multiple salto dismount)		

D – Panel Comments:

E – Panel Comments:

* X = repeated skill or non-recognized skill.

The top 8 counting skills are noted in **Bold & larger font**





EVENT: Pommel Horse

Skills	Value (*)	Element Group	Connection Bonus	Execution Deduction	Comments
Reverse scissor to HS	E	1		0.3, 0.1	Hip bend, Small knee bend lowering of legs. (0.1 hand change) No credit (see note below)
Circle in side support	A	2			
Czechkehre	B	2			
SLL	D	2		0.1	Lack of extension
Pommel loop	B	2			
Travel bwd. in cross support 1/3	A	3		0.1	Lack of extension
Circle in cross support	A	2		0.1	Angular deviation. Too many EG 2 skills
Magyar (1-2-3-4-5)	D	3		0.1	Angular deviation on travel
Sivado (5-4-3-2-1)	D	3		0.1	Angular deviation
Pommel loop HS 3/3 travel	D	4			

G =	Difficulty = 2.2		
F =	EG 1 = 0.0		
E =	EG II = 0.5 (C value or greater)	E1 = 0.9	
D = 4	EG III = 0.5 (C value or greater)		
C =	EG IV = 0.4 (value of dismount)		
B=2	Connection + Stick = 0.0		D Panel + E Panel = 12.70
A = 2	D Score = 3.6		

<u>D – Panel Comments:</u> All scissors through the handstand on one pommel require a leg change (like double scissor) to receive value. In this case, no credit is awarded because he did not change the legs.

E – Panel Comments:

^{*} X = repeated skill or non-recognized skill.





EVENT: Still Rings

Skills	Value	Element	Connection	Execution	Comments
	(*)	Group	Bonus	Deduction	
Pull to inverted hang				0.1	More than 2 sec. hold
Kip to "V" cross (#40)	D	3		0.1, 0.3,	Bent arms during kip, High entry 20-45 degrees.
- FOR				0.1, 0.1	Angular deviation from perfect hold. False grip
Press to "V" sit	D	2		0.1, 0.1, 0.3	Pressing from a high hold position. Legs not vertical. Short hold.
Lower to "V" cross	C	2		0.1, 0.3	False grip. Short hold.
Lower to inverted hang				0.1	More than 2 sec. hold
Back uprise	A	1			
Straddle "L" sit	X	2			4th Strength skill in a row
Press to Planche	X			0.5	5th Strength skill in a row. No credit. He never stopped.
"L" sit	Rep	2			6th Strength skill in a row. Same box as "L" sit
Press to HS	X	2		0.1	Swinging of the cables. 7th Strength skill in a row.
Back uprise to HS	<mark>C</mark>	1		0.1	Slight adjustment
Giant to HS	C	1			
Giant thru HS	<mark>B</mark>	1			
Double back salto 1/1 tw.	C	4		0.3	Large step

G =	Difficulty = 2.3		
F =	EG 1 = 0.5		
E =	EG II = 0.5 (C value or greater)	E1 = 2.7	Dismount stuck = No
D=2	EG III = 0.5 (C value or greater)		
C = 4	EG IV = 0.3 (value of dismount)		
B = 1	Connection + Stick = 0.0		D Panel + E Panel = 11.4
A = 1	D Score = 4.1		

D – Panel Comments:

E – Panel Comments:

The top 8 counting skills are noted in **Bold & larger font.**

^{*} X = repeated skill or non-recognized skill.





EVENT: Vault

Skills	Value (*)	Element Group	Connection Bonus	Execution Deduction	Comments
Tsukahara Str. 5/2 twist (Driggs #131)	4.8	•		0.1	Legs apart on pre-flight
				0.1	Feet crossed
				0.1	Bent ankle
				0.1	Lack of amplitude
				0.3	Lack of preparation
				0.1 + 0.1	Two small steps backward
					Per NCAA rules 7.A., A coach may secure the landing mat on vault without a penalty.

G =	Difficulty = 4.8		
F =	EG 1 =		
E =	EG II =	E1 = 0.9	Dismount stuck = No
D =	EG III =		
C =	EG IV =		
B =	Connection + Stick = 0.0		D Panel + E Panel = 13.50
A =	D Score = 4.8		

D – Panel Comments:

E – Panel Comments:

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EVENT: Parallel Bars

Skills	Value	Element	Connection	Execution	Comments
	(*)	Group	Bonus	Deduction	
Glide kip	A	3			
Swing to HS	A	2			
Healy	C	2		0.1, 0.3, 0.3	Bent arm regrasp, Body piking, Swing with strength
Swing to HS				0.3	Reverse direction (see below)
Basket to HS	D	3		0.1	Slight bent arm regrasp
Moy str. legs to support	C	3			
Pirouette	A	2		0.1	Bent arms before pirouette
Tippelt	D	3		0.1	Lack of amplitude
Giant to HS	C	3			
Basket to support	В	3			
"L" sit	A	2			
Press to HS	B	2			
Front uprise	A	1			
Double front salto	E	4		0.1, 0.1, 0.1	Legs apart, Bent ankle, Small step

G =	Difficulty = 2.5		
F =	EG 1 = 0.5		
E = 1	EG II = 0.5 (C value or greater)	E1 = 1.6	Dismount stuck = No
D=2	EG III = 0.5 (C value or greater)		
C = 3	EG IV = 0.5 (value of dismount)		
B = 1	Connection + Stick = 0.0		D Panel + E Panel = 12.90
A = 1	D Score = 4.5		

D – Panel Comments:

E – Panel Comments: Back swings in support or upper arm hang that do not lead to at least a value part but simply reverse direction and swing down in or to lower hang or support position are deducted 0.30 (see pg. 93, Article 14.2.1.4a)

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EVENT: Horizontal Bar

Skills	Value (*)	Element Group	Connection Bonus	Execution Deduction	Comments
Endo	B	3	Donus	0.1	Rhythm
Undergrip giant	A	1			
Zou Li Min	C	1		0.3,	Insufficient turn.
				0.1	Deviation of plane of movement
Adler to HS	C	3			
Hop to undergrip					
Adler ½ turn	D	3		0.1, 0.1	Bent ankle. Angle past HS.
Overgrip giant	A				
Tkatchev piked	C	2			
Tkatchev straddled	C	2			
Stalder	В	3			
Inbar Stalder	C	3		0.1, 0.1,	Bent ankle. Insufficient turnover at
					the bottom of the inside stalder.
				0.1	Arching back at completion.
Double back salto str. 1/1 tw.	D	4		0.1, 0.1	Bent body. Small step.

G =	Difficulty = 2.5		
F =	EG 1 = 0.5		
E =	EG II = 0.5 (C value or higher)	$\mathbf{E1} = 1.2$	Dismount stuck = No
D = 2	EG III = 0.5 (C value or greater)		
C = 5	EG IV = 0.4 (value of dismount)		
B = 1	Connection + Stick = 0.0		D Panel + E Panel = 13.20
A =	D Score = 4.4		

D – Panel Comments:

E – Panel Comments:

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